

Chairman Organizing Committee
Dr Marvin Edeas

Scientific Committee
Dr Bérangère Arnal-Schnebelen - Dr Monique Berger - Pr Yves-Jean Bignon
Dr Véronique Coxam - Dr Paul Goetz - Pr Jean-Jacques Legros
Pr Ambroise Martin - Dr Bernard Schmitt

Aims of the Second Conference Menopause Ingredients

- Identify which ingredients used in Menopause and Andropause are effectively efficient and proved by scientific and clinical researches.
- Present the last advances of Menopause ingredients, their real efficiency and their role in dietary supplements and in cosmetics.
- Bring critics to Soybean isoflavones uses in dietary supplement, their effects on breast cancer and variation of content and composition.
- Perspectives of Menopause Ingredients uses in the dietary supplements notably in the prevention of osteoporosis.
- Understand the several marketing approaches, the current tendencies and the role of communication in the promotion Menopause Ingredients.



Program
Thursday 23th September 2004

- 8h30 Registration and Welcome Adress
9h00 Introduction by Dr Marvin Edeas
- 9h05 **Overview of Menopause Market**
By Mr François Thevenin – IMS Health, Paris
- 9h40 **Menopause : Definition, Causes and consequences**
Menopause and weight increase
Chronology of symptoms and segmentation of menopause field
By Dr. Bernard Schmitt – endocrinologist - Centre Hospitalier de Bretagne Sud et CERN, Lorient
- 10h30 Tea and Coffee Break**
- 11h00 **Andropause and sexual tonus**
By Pr. Jean-Jacques Legros - endocrinologist, CHU Liège
- 11h45 **Menopause, Andropause and antioxidants**
By Dr Marvin Edeas, Société Française des Antioxydants

12h30 Lunch

Phytoestrogenes

- 14h00 **Menopause and phytoestrogenes**
By Dr. Véronique Coxam, INRA, Clermont-Ferrand
- 14h30 **Variation of Soybean isoflavones content and composition**
By Dr. Monique Berger - ESA Purpan
- 15h00 **Soya extract and Breast Cancer**
By Pr. Yves-Jean Bignon - Centre Jean Perrin, Clermont-Ferrand

15h30 Tea and Coffee Break

- 16h00 **Menopause ingredient : Hop**
Andropause Ingredient : Ginseng
By Dr. Paul Goetz - Strasbourg
- 16h30 **Menopause and Osteoporosis**
By Dr. Martine Cohen-Solal, Hôpital Lariboisière, Unité INSERM 606, Paris.
- 17h00 **Presentation of an innovative Menopause product : Triolinum From Noreva Pharma Laboratory, Association of lemon Balm, Linseed, Lithotamn, Hops, and SOD**
By Agnès Peyrin, Noreva Pharma
- 17h30 **Menopause and Clinical Studies**
By Murielle Cazaubiel – BIOFORTIS, Nantes

Friday 24th September 2004

Menopause and dietary Supplements

- 9h00 **Supplementary Food and Fonctional Food : What is the real quantification of Soybean isoflavone in the content : study in french market**
By Pr. Catherine Bennetau-Pelissero, Dr. Patrick Sauvant - ENITA, Gradignan
- 9h45 **What are the updates in matter of menopause Ingredients ?**
Raw Materials Suppliers will present their ingredients.

10h30 Tea and Coffee Break

- 11h00 **Opinion of a gynecologist**
By Dr. Bérangère Amal-Schnebelen -Faculté de Médecine Paris 13
- 11h50 **Yam and effets on menopause**
By Pr. Marie-Aleth Lacaille-Dubois, Faculté de Pharmacie de Dijon, Université de Bourgogne.
- 12h20 **Round Table Discussion by the Scientific Committee**

12h30 Lunch

Menopause, Skin Ageing and Cosmetics

- 14h00 **Menopause and skin agin : what are the manifestations ?**
By Dr. Nadine Pomarède, Paris
- 14h45 **What the news trends in Menopause dietary supplement and Cosmetics**

What the role of menopause sector?

By Odile Chabrilac, Rédactrice en chef Gloss

15h15 **What are the latest requirement for menopause formulation to be validate?**

By Pr. Ambroise Martin – AFSSA, Paris.

15h45 Tea and Coffee Break

16h15 **Sage**

By Dr. Hélène De Vecchy - Paris

16h45 **Marketing aspect of Menopause ingredients**

By Jean-Claude Chédeville, Dr. Jean de La Tullaye - Agence Principe Actif, Paris.

Menopause Ingredients 2004

Yarrow
Black Cohosh
Alchemilla
omega 3 Fatty Acid
Alfalfa
Dong Quai
Oat
Calcium
Cinnamon
Carob
Cimicifuga racemosa
Cuivre

Fluor
Chaste Tree
Ginger
Ginseng
Hops
Fish oils
Magnésium
Yerba Maté
Lemon Balm
Evening primrose
Parsley
Licorice
Resveratrol
Red vine leaves, grapes

Black rice
Sage
Soy
Green Tea
Red clover
Vitamin D
Wild Yam
Zinc
Bean
Saw Palmetto

Andropause Ingredients 2004

Cinnamon
Ginger
Ginseng
Lycopen
Linseed
Pumpkin
Stinging nettle

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